

Natural Experiential Learning Activities

Animal

- (1) To see or observe a variety of animals in a zoo, a ranch, an aquarium, a sea, a river, a pond, a forest, etc.
For example, mammal (monkey, dog, cat, bear, lion, tiger, elephant, horse, cow, hippopotamus, deer, giraffe, pig, sheep, mouse, rabbit, dolphin, etc.), amphibian and reptile (frog, turtle, snake, etc.), fish (salmon, crucian carp, eel, carp, goldfish, shark, tuna, sea bream, flounder, snail, common orient clam, asari clam, sea anemone, coral, jellyfish, octopus, hermit crab, starfish, sea cucumber, etc.), bird (crow, sparrow, canary, Japanese bush warbler, swallow, owl, parrot, pigeon, sea gull, crane, peacock, chicken, eagle, swan, duck, penguin, ostrich, etc.)
- (2) To breed small animals (dog, cat, hamster, etc.) and goldfishes

Insect

- To go to a park, a field, a riverside, a pond, a forest, a firm, etc. and find and observe various insects or breed them
For example, butterfly, dragonfly, bee, ant, beetle, stag beetle, scarabaeid beetle, diving beetle, firefly, ladybug, longhorn beetle, shield bug, cicada, grasshopper, Japanese katydid, cricket, bell cricket, and praying mantis

Agriculture, forestry and fisheries industry experience

- (1) To participate in an agriculture (cultivation of rice or vegetables, picking of mandarin orange or sweet potato, dairy farming, etc.), forestry (tree planting, thinning, weeding, charcoal, etc.) and fisheries industry (seining, dried fish, etc.) experiential activity
(2) If the house is engaged in agriculture, forestry, and fisheries, to help it

Plant

- To go to a park, a mountain, a field, a riverside, a pond, a forest, a firm, a botanical garden, etc. and find and observe various plants or grow them
For example, tree (ginkgo tree, Japanese cedar, pine, willow, sawtooth oak, Japanese zelkova, hydrangea, cherry tree, Japanese plum tree, rose, maple, Japanese camellia, azalea, palm tree, bamboo, etc.), flower and wild grass (pansy, iris, narcissus, hyacinth, tulip, sunflower, morning glory, lily, marigold, cosmos, salvia, hysanthemum, cactus, fringed pink, water lily, brassicaceae, dandelion, violet, plantago, Japanese pampas grass, cluster amaryllis, etc.), alpine plant (dicentra, skunk cabbage, etc.), vegetable, fruit, and nut (cabbage, onion, Japanese radish, potato, tomato, corn, rice, watermelon, mandarin orange, apple, grape, persimmon, chestnut, acorn, pinecone, etc.), fern (royal fern, bracken, etc.), moss (liverwort, sphagnum, etc.)

Star

- To go to a mountain, a highland, etc. and look at or observe the stars which are spread all over the night sky
In particular, to find the following representative constellations and stars:
The Milky Way, Polaris, the Big Dipper, Cassiopeia, Summer Triangle (Vega in Lyra, Altair in Aquila, Deneb in Cygnus), Antares in Scorpius, Winter Triangle (Procyon in Canis Minor, Sirius in Canis Major, Betelgeuse in Orion), Rigel in Orion, Orion Nebula, and the Pleiades

Excursion, Travel, Group Accommodation Activity

- To enjoy climbing, hiking, playing with field athletics, a campfire, sea bathing, clam digging, fishing, playing in a river, canoeing, snorkeling, outdoor cooking such as curry and rice, and barbecue, cycling, skiing, playing on a sled, camping, and traveling

Friend

- (1) To make friends at schools, or to make friends in playing with neighborhood children in the park
(2) To make friends, by participating in an activity organized by a youth organization, a sports club, a cultural circle, a volunteer group, or an international exchange group

Traditional Play, Sports and Dance

- (1) To play various traditional games (tag, kick the can, hide-and-seek, oshikura manju, throwing stones, stilts, spinning top, soap bubble, tiddlywinks, beanbag, etc.), or to play various sports (baseball, soccer, swimming, skating, judo, karate, kendo, etc.)
(2) To ride a bicycle, to do jump rope, or to play on a seesaw and a swing
(3) To go to a baseball class, a soccer class, a swimming class, a skating class, a judo class, a karate class, a kendo class, and a dance class

Social Experiential Learning Activities

Social Tour

- (1) To participate in a plant tour (food, beverage, automobile, cosmetic, etc.), a facility tour (water purification, power, gas, garbage disposal, research, inspection, etc.), a studio tour (traditional crafts, arts, etc.), an office tour (newspaper, TV, IT, trade, etc.), or to visit the workplace where the parent works
(2) To go to a vocational experience facility, or if the house is a shop, factory, to help it

Volunteer Activity

- To participate in volunteer activities such as cleanup activities, taking care of flower beds, helping the festival, animal welfare activities, disaster prevention activities, reconstruction support activities, or exchange activities at welfare facilities

Computer

- To collect information and disseminate information appropriately by using a personal computer or a smartphone, in particular, to use social media appropriately

International Exchange

- To participate in an international exchange activity and go abroad, or to do a home stay in overseas, or to travel abroad with the family, or to study abroad for a short period, or to interact with foreigners speaking in English or another language in Japan, or to study English at an English conversation class

Reading

- (1) To read books of various genres such as literature, history, biography, folktale, travel, geography, society, and science, using a library
(2) To read newspapers, and magazines

Cultural Activity

- (1) To go to an art museum, a gallery, a movie theater, a concert hall, a culture center, a theater, etc. and appreciate paintings, calligraphies, photographs, movies, music, Nihon-buyo (classical Japanese dance), musical, ballet, and flower arrangement
(2) To learn to play the piano, violin, etc. in a music class, learn ballet in a ballet class, learn how to dance in a dance class, learn painting in a painting class, then to play or display at the recital or the exhibition

Health

- (1) In order to maintain and improve the health, on a daily basis, to practice a well-balanced lifestyle in terms of proper exercise, diet, rest and sleep
(2) To acquire the lifestyle habits such as paying attention to the amount of the daily food and the balance of nutrients, and maintaining the hygiene of the mouth.

Family Life

- (1) To help with the housework;
For example, cooking, making sweets, shopping, cleaning up, ironing, and sewing, taking care of small children
(2) To visit the grandparents' house and play with them or talk to them

Art and Handicraft

- (1) To draw or paint pictures, and make handicrafts (knit, lace, embroidery, quilt, stuffed toy, dyeing, origami, dried flower, leather craft, woodwork, pottery, sculpture, etc.),
(2) To go to a painting class, a handicraft class, a woodwork class, a pottery class, and a carving class

Experiential Learning Activities for Living and Culture

Music

- (1) To sing together, play, or listen to a variety of songs which have been sung as follows: "Umi (Sea)" "Hi no Maru (Japanese Flag)" "Hiraita, Hiraita (Opened, Opened)" "Haru ga Kita (Spring Has Come)" "Mushi no Koe (Sound of Insects)" "Yuyake, Koyake (Afterglow of Sunset)" "Chatsumi (Tea Picking)" "Haru no Ogawa (Stream in the Spring)" "Fujisan (Mt.Fuji)" "Sakura Sakura (Cherry Blossoms)" "Makiba no Asa (Morning in the Pasture)" "Momiji (Maple)" "Koinobori (Carp Streamer)" "Komoriuta (Lullaby)" "Ski no Uta (Skiing Song)" "Fuyu-Geshiki (Winter Scenery)" "Oborazukikyo (Misty Moonlit Night)" "Furusato (My Country Home)" "Akatonbo (Red Dragonflies)" "Koyo no Tsuki (Moon over the Ruined Castle)" "Soshunfu (An Ode to Springtime)" "Natsu no Omoide (Summer Memories)" "Hana (Flowers)" "Hana no Machi (City of Flowers)" "Hamabe no Uta (Song of the Seashore)" "Kokyo no Sora (Comin thro' the Rye)" "Hanyu no Yado (Home, Sweet Home)" "Ryoshu (Dreaming of Home and Mother)" "Nobara (Heidenröstein)" "Biwako Shuko no Uta (Lake Biwa Rowing Song)" "Dokokade Haruga (Feel Spring Somewhere)" "Pechika (Russian Stove)" "Yashi no Mi (Coconut)" "Troika"
(2) To sing, play, or listen to other various genres of music (folk song, lullaby, children's song, popular music, movie music, classic, jazz, samba, etc.)
(3) To go to a music class such as a piano class and a violin class

Other Experiential Learning Activities

- (1) To go to a science museum, the museum of emerging science and innovation, a marine museum, a space science museum, and a science and technology museum
(2) To participate in a mathematical contest, and a science contest
(3) To take an English proficiency test, a kanji (Chinese character) aptitude test, and a mathematics proficiency test
(4) To go to a cram school, an abacus school, a calligraphy school, a science experiment class, an English conversation class, and a personal computer class

(Note) Some of these activities may be held at schools.